

PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: ZB

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Debeuckelaere Sindy HEADCOACH

Coaches: Lefever Valerie

Coaches: Lefever Elisa

Coaches: Tieghem Kristof

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 10: 200M BUTTERFLY WOMEN 13+ Heat:1, starttime: 14:00

Heat: 1/1 Lane : 6 Athlete: MIGOM LOBKE Q-time: 02:38:71

PB (50m pool): 02:52.72 Kortrijk 14/05/2023 PB (25m pool): 02:38.71 SB: no time

	50 M	100 M	150 M	200 M	
PB	no time	no time	no time	02:52.72	
	<i>no time</i>				
	

Coach feedback:

Event number: 11: 200M BUTTERFLY MEN 13+ Heat:1, starttime: 14:05

Heat: 1/2 Lane : 2 Athlete: VAN BRABANT BENJAMIN Q-time: 03:09:54

PB (50m pool): 03:09.54 Kortrijk 26/12/2025 PB (25m pool): no time SB: 03:09.54 Kortrijk 26/12/2025

	50 M	100 M	150 M	200 M	
PB	00:36.21	01:23.66	02:16.24	03:09.54	
	<i>00:36.21</i>	<i>00:47.45</i>	<i>00:52.58</i>	<i>00:53.30</i>	
	

Coach feedback:

Event number: 11: 200M BUTTERFLY MEN 13+ Heat:2, starttime: 14:09

Heat: 2/2 Lane : 9 Athlete: GOEMAERE JOREN Q-time: 02:45:12

PB (50m pool): no time PB (25m pool): 02:45.12 SB: no time

	50 M	100 M	150 M	200 M	
PB	no time	no time	no time	no time	
	<i>no time</i>				
	

Coach feedback:

PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: ZB

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:1, starttime: 14:13	
Heat: 1/13 Lane : 4 Athlete: DE DEYNE PAULIEN		Q-time: 01:36:62	
PB (50m pool): no time		PB (25m pool): 01:36.62 SB: no time	
	50 M	100 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:2, starttime: 14:15	
Heat: 2/13 Lane : 8 Athlete: DEMAREST JAYDA		Q-time: 01:33:02	
PB (50m pool): 01:33.02 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 01:23.94 SB: no time	
	50 M	100 M	
PB	00:44.71	01:33.02	
	<i>00:44.71</i>	<i>00:48.31</i>	
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:4, starttime: 14:20	
Heat: 4/13 Lane : 2 Athlete: HOSTEN IRIS		Q-time: 01:19:49	
PB (50m pool): 01:19.49 Kortrijk 04/05/2025		PB (25m pool): 01:15.35 SB: no time	
	50 M	100 M	
PB	00:38.12	01:19.49	
	<i>00:38.12</i>	<i>00:41.37</i>	
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:4, starttime: 14:20	
Heat: 4/13 Lane : 3 Athlete: DECAESTECKER OONA		Q-time: 01:19:25	
PB (50m pool): 01:19.25 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 01:15.87 SB: no time	
	50 M	100 M	
PB	00:37.99	01:19.25	
	<i>00:37.99</i>	<i>00:41.26</i>	
	

Coach feedback:

PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: ZB

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:6, starttime: 14:24	
Heat: 6/13 Lane : 5 Athlete: TOMMISSEN SIMONAH		Q-time: 01:14:96	
PB (50m pool): 01:14.96 Antwerpen 13/07/2025		PB (25m pool): 01:11.31 SB: no time	
	50 M	100 M	
PB	00:35.70	01:14.96	
	00:35.70	00:39.26	
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:6, starttime: 14:24	
Heat: 6/13 Lane : 7 Athlete: DESCHOEMAEKER RANI		Q-time: 01:16:17	
PB (50m pool): 01:16.17 Kortrijk 04/05/2025		PB (25m pool): 01:11.68 SB: no time	
	50 M	100 M	
PB	00:36.85	01:16.17	
	00:36.85	00:39.32	
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:8, starttime: 14:27	
Heat: 8/13 Lane : 0 Athlete: GHEKIERE JUNE		Q-time: 01:12:33	
PB (50m pool): 01:12.33 Kortrijk 04/05/2025		PB (25m pool): 01:07.41 SB: no time	
	50 M	100 M	
PB	00:34.70	01:12.33	
	00:34.70	00:37.63	
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:9, starttime: 14:29	
Heat: 9/13 Lane : 4 Athlete: THYVELEN LISE		Q-time: 01:07:28	
PB (50m pool): 01:07.28 Antwerp 02/02/2025		PB (25m pool): 01:05.81 SB: no time	
	50 M	100 M	
PB	00:32.16	01:07.28	
	00:32.16	00:35.12	
	

Coach feedback:

PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: ZB

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:9, starttime: 14:29	
Heat: 9/13 Lane : 6 Athlete: DEMUYNCK MARGOT		Q-time: 01:07:98	
PB (50m pool): 01:07.98 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:05.45 SB: no time			
	50 M	100 M	
PB	00:32.97	01:07.98	
	00:32.97	00:35.01	
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:9, starttime: 14:29	
Heat: 9/13 Lane : 7 Athlete: GOEMAERE ALIZÉE		Q-time: 01:08:39	
PB (50m pool): 01:08.39 Antwerpen 13/07/2025 PB (25m pool): 01:06.15 SB: no time			
	50 M	100 M	
PB	00:33.31	01:08.39	
	00:33.31	00:35.08	
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:10, starttime: 14:31	
Heat: 10/13 Lane : 8 Athlete: DELPORTE ELLE		Q-time: 01:06:17	
PB (50m pool): 01:06.17 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:03.42 SB: no time			
	50 M	100 M	
PB	00:32.11	01:06.17	
	00:32.11	00:34.06	
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:11, starttime: 14:33	
Heat: 11/13 Lane : 2 Athlete: NOTREDAME INE		Q-time: 01:04:22	
PB (50m pool): 01:04.22 Kortrijk 04/05/2025 PB (25m pool): 01:02.82 SB: no time			
	50 M	100 M	
PB	00:31.05	01:04.22	
	00:31.05	00:33.17	
	

Coach feedback:

PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: ZB

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:12, starttime: 14:35	
Heat: 12/13 Lane : 5 Athlete: MIGOM LOBKE		Q-time: 01:01:82	
PB (50m pool): 01:01.71 Antwerpen 28/07/2024		PB (25m pool): 00:59.49 SB: no time	
	50 M	100 M	
PB	no time	01:01.71	
	<i>no time</i>		
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:13, starttime: 14:36	
Heat: 13/13 Lane : 9 Athlete: EECKHOUT FLEUR		Q-time: 01:01:73	
PB (50m pool): 01:01.73 Kortrijk 04/05/2025		PB (25m pool): 01:00.09 SB: no time	
	50 M	100 M	
PB	00:29.59	01:01.73	
	<i>00:29.59</i>	<i>00:32.14</i>	
	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+		Heat:1, starttime: 14:38	
Heat: 1/11 Lane : 1 Athlete: THYVELEN RUNE		Q-time: 01:24:33	
PB (50m pool): 01:24.33 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 01:14.76 SB: no time	
	50 M	100 M	
PB	00:38.53	01:24.33	
	<i>00:38.53</i>	<i>00:45.80</i>	
	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+		Heat:1, starttime: 14:38	
Heat: 1/11 Lane : 4 Athlete: KINDT NOAH		Q-time: 01:13:88	
PB (50m pool): no time		PB (25m pool): 01:13.88 SB: no time	
	50 M	100 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: ZB

Event number: 13: 100M FREESTYLE MEN 13+		Heat:1, starttime: 14:38	
Heat: 1/11 Lane : 6 Athlete: STAELEN QUINTEN		Q-time: 01:17:18	
PB (50m pool): 01:17.18 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:07.25 SB: no time			
	50 M	100 M	
PB	00:36.85	01:17.18	
	00:36.85	00:40.33	
	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+		Heat:2, starttime: 14:40	
Heat: 2/11 Lane : 5 Athlete: VANHAECKE LOWIE		Q-time: 01:10:75	
PB (50m pool): 01:10.75 Antwerpen 20/07/2025 PB (25m pool): 01:08.19 SB: no time			
	50 M	100 M	
PB	00:35.04	01:10.75	
	00:35.04	00:35.71	
	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+		Heat:3, starttime: 14:42	
Heat: 3/11 Lane : 2 Athlete: VAN BRABANT BENJAMIN		Q-time: 01:09:42	
PB (50m pool): 01:09.42 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:03.26 SB: no time			
	50 M	100 M	
PB	00:33.23	01:09.42	
	00:33.23	00:36.19	
	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+		Heat:5, starttime: 14:46	
Heat: 5/11 Lane : 0 Athlete: DEJAEGHERE MICHIEL		Q-time: 01:04:79	
PB (50m pool): 01:04.79 Antwerp 02/02/2025 PB (25m pool): 01:02.44 SB: no time			
	50 M	100 M	
PB	00:30.77	01:04.79	
	00:30.77	00:34.02	
	

Coach feedback:

PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: ZB

Event number: 13: 100M FREESTYLE MEN 13+		Heat:6, starttime: 14:48	
Heat: 6/11 Lane : 1 Athlete: DEVRIESE SKY		Q-time: 01:02:35	
PB (50m pool): 01:02.35 Antwerpen 13/07/2025		PB (25m pool): 00:59.03 SB: no time	
	50 M	100 M	
PB	00:30.00	01:02.35	
	00:30.00	00:32.35	
	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+		Heat:6, starttime: 14:48	
Heat: 6/11 Lane : 4 Athlete: GOEMAERE JOREN		Q-time: 01:00:71	
PB (50m pool): 01:00.71 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 01:00.23 SB: no time	
	50 M	100 M	
PB	00:29.41	01:00.71	
	00:29.41	00:31.30	
	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+		Heat:6, starttime: 14:48	
Heat: 6/11 Lane : 7 Athlete: DE GRYSSE HAMZA		Q-time: 01:01:62	
PB (50m pool): 01:01.62 Antwerp 02/02/2025		PB (25m pool): 00:59.89 SB: no time	
	50 M	100 M	
PB	00:29.86	01:01.62	
	00:29.86	00:31.76	
	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+		Heat:7, starttime: 14:49	
Heat: 7/11 Lane : 0 Athlete: VANDAMME LUCAS		Q-time: 01:00:54	
PB (50m pool): 01:00.54 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 00:59.52 SB: no time	
	50 M	100 M	
PB	00:29.46	01:00.54	
	00:29.46	00:31.08	
	

Coach feedback:

PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: ZB

Event number: 13: 100M FREESTYLE MEN 13+		Heat:8, starttime: 14:51	
Heat: 8/11 Lane : 8 Athlete: SALOMEZ HAAKON		Q-time: 00:59:32	
PB (50m pool): 00:58.96 Zwembad Brigitte Becue Oostend 10/07/2025 PB (25m pool): 00:57.88 SB: no time			
	50 M	100 M	
PB	no time	00:58.96	
	<i>no time</i>		
	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+		Heat:9, starttime: 14:53	
Heat: 9/11 Lane : 3 Athlete: DELPORTE NIO		Q-time: 00:57:69	
PB (50m pool): 00:57.69 Antwerpen 27/07/2025 PB (25m pool): 00:55.12 SB: no time			
	50 M	100 M	
PB	00:27.32	00:57.69	
	<i>00:27.32</i>	<i>00:30.37</i>	
	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+		Heat:9, starttime: 14:53	
Heat: 9/11 Lane : 5 Athlete: EECKHOUT SIEBEN		Q-time: 00:57:67	
PB (50m pool): 00:57.67 Antwerp 02/02/2025 PB (25m pool): 00:55.49 SB: no time			
	50 M	100 M	
PB	00:27.55	00:57.67	
	<i>00:27.55</i>	<i>00:30.12</i>	
	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+		Heat:10, starttime: 14:54	
Heat: 10/11 Lane : 1 Athlete: THYVELEN WOUT		Q-time: 00:56:20	
PB (50m pool): 00:54.94 Antwerpen 28/07/2024 PB (25m pool): 00:53.43 SB: no time			
	50 M	100 M	
PB	no time	00:54.94	
	<i>no time</i>		
	

Coach feedback:

PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: ZB

Event number: 14: 50M BREASTSTROKE WOMEN 13+		Heat:2, starttime: 14:59
Heat: 2/3 Lane : 4 Athlete: CASTELEYN YANA		Q-time: 00:39:86
PB (50m pool): 00:39.86 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:38.86 SB: no time		
	5 0 M	
PB	00:39.86	
	00:39.86	
	

Coach feedback:

Event number: 14: 50M BREASTSTROKE WOMEN 13+		Heat:3, starttime: 15:01
Heat: 3/3 Lane : 0 Athlete: THYVELEN LISE		Q-time: 00:38:93
PB (50m pool): 00:38.93 Brugge 23/02/2025 PB (25m pool): 00:37.78 SB: no time		
	5 0 M	
PB	00:38.93	
	00:38.93	
	

Coach feedback:

Event number: 14: 50M BREASTSTROKE WOMEN 13+		Heat:3, starttime: 15:01
Heat: 3/3 Lane : 3 Athlete: DEMUYNCK MARGOT		Q-time: 00:36:52
PB (50m pool): 00:36.52 Antwerpen 27/07/2025 PB (25m pool): 00:36.20 SB: no time		
	5 0 M	
PB	00:36.52	
	00:36.52	
	

Coach feedback:

Event number: 14: 50M BREASTSTROKE WOMEN 13+		Heat:3, starttime: 15:01
Heat: 3/3 Lane : 4 Athlete: EECKHOUT FLEUR		Q-time: 00:35:23
PB (50m pool): 00:35.23 Kortrijk 04/05/2025 PB (25m pool): 00:34.49 SB: no time		
	5 0 M	
PB	00:35.23	
	00:35.23	
	

Coach feedback:

PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: ZB

Event number: 14: 50M BREASTSTROKE WOMEN 13+		Heat:3, starttime: 15:01
Heat: 3/3 Lane : 8 Athlete: DEMAREST HAILEY		Q-time: 00:38:14
PB (50m pool): 00:38.14 Brugge 15/03/2025		PB (25m pool): 00:38.06 SB: no time
	5 0 M	
PB	00:38.14	
	00:38.14	
	

Coach feedback:

Event number: 15: 50M BREASTSTROKE MEN 13+		Heat:2, starttime: 15:04
Heat: 2/4 Lane : 5 Athlete: STAELEN QUINTEN		Q-time: 00:40:56
PB (50m pool): 00:40.56 Brugge 15/03/2025		PB (25m pool): 00:41.76 SB: no time
	5 0 M	
PB	00:40.56	
	00:40.56	
	

Coach feedback:

Event number: 15: 50M BREASTSTROKE MEN 13+		Heat:3, starttime: 15:05
Heat: 3/4 Lane : 2 Athlete: DEVRIESE SKY		Q-time: 00:38:69
PB (50m pool): 00:38.69 Antwerpen 13/07/2025		PB (25m pool): 00:36.85 SB: no time
	5 0 M	
PB	00:38.69	
	00:38.69	
	

Coach feedback:

Event number: 15: 50M BREASTSTROKE MEN 13+		Heat:3, starttime: 15:05
Heat: 3/4 Lane : 5 Athlete: DE GRyse HAMZA		Q-time: 00:36:33
PB (50m pool): 00:36.33 Antwerpen 13/07/2025		PB (25m pool): 00:35.66 SB: no time
	5 0 M	
PB	00:36.33	
	00:36.33	
	

Coach feedback:

PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: ZB

Event number: 15: 50M BREASTSTROKE MEN 13+		Heat:3, starttime: 15:05
Heat: 3/4 Lane : 6 Athlete: DEJAEGHERE MICHIEL		Q-time: 00:37:28
PB (50m pool): 00:37.28 Antwerp 02/02/2025 PB (25m pool): 00:36.51 SB: no time		
	50 M	
PB	00:37.28	
	00:37.28	
	

Coach feedback:

Event number: 15: 50M BREASTSTROKE MEN 13+		Heat:4, starttime: 15:07
Heat: 4/4 Lane : 2 Athlete: VANDAMME LUCAS		Q-time: 00:33:29
PB (50m pool): 00:33.29 Antwerpen 13/07/2025 PB (25m pool): 00:32.64 SB: no time		
	50 M	
PB	00:33.29	
	00:33.29	
	

Coach feedback:

Event number: 15: 50M BREASTSTROKE MEN 13+		Heat:4, starttime: 15:07
Heat: 4/4 Lane : 3 Athlete: DELPORTE NIO		Q-time: 00:31:82
PB (50m pool): 00:31.82 Antwerpen 27/07/2025 PB (25m pool): 00:31.53 SB: no time		
	50 M	
PB	00:31.82	
	00:31.82	
	

Coach feedback:

Event number: 16: 100M BACKSTROKE WOMEN 11-12		Heat:2, starttime: 15:11
Heat: 2/5 Lane : 7 Athlete: DEMAREST JAYDA		Q-time: 01:37:68
PB (50m pool): 01:53.42 Lago Kortrijk Weide 28/04/2024 PB (25m pool): 01:37.68 SB: no time		
	50 M	100 M
PB	no time	01:53.42
	no time	

Coach feedback:

PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: ZB

Event number: 16: 100M BACKSTROKE WOMEN 11-12				Heat:2, starttime: 15:11			
Heat: 2/5 Lane : 9 Athlete: DE DEYNE PAULIEN				Q-time: 01:43:78			
PB (50m pool): no time				PB (25m pool): 01:43.78 SB: no time			
	50 M	100 M					
PB	no time	no time					
	<i>no time</i>						
					

Coach feedback:

Event number: 16: 100M BACKSTROKE WOMEN 11-12				Heat:4, starttime: 15:17			
Heat: 4/5 Lane : 6 Athlete: GHEKIERE JUNE				Q-time: 01:27:32			
PB (50m pool): 01:27.32 Antwerpen 20/07/2025				PB (25m pool): 01:23.73 SB: no time			
	50 M	100 M					
PB	00:43.93	01:27.32					
	<i>00:43.93</i>	<i>00:43.39</i>					
					

Coach feedback:

Event number: 16: 100M BACKSTROKE WOMEN 11-12				Heat:5, starttime: 15:20			
Heat: 5/5 Lane : 0 Athlete: DECAESTECKER OONA				Q-time: 01:25:25			
PB (50m pool): 01:46.67 Lago Kortrijk Weide 28/04/2024				PB (25m pool): 01:25.25 SB: no time			
	50 M	100 M					
PB	no time	01:46.67					
	<i>no time</i>						
					

Coach feedback:

Event number: 17: 400M MEDLEY MEN 13+					Heat:2, starttime: 15:30			
Heat: 2/2 Lane : 2 Athlete: EECKHOUT SIEBEN					Q-time: 05:00:59			
PB (50m pool): 05:39.36 Brugge 17/10/2021					PB (25m pool): 05:00.59 SB: no time			
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	no time	no time	no time	no time	no time	no time	no time	05:39.36
	<i>no time</i>							

Coach feedback:

PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: ZB

Event number: 17: 400M MEDLEY MEN 13+							Heat:2, starttime: 15:30	
Heat: 2/2 Lane : 6 Athlete: SALOMEZ HAAKON							Q-time: 04:59:86	
PB (50m pool): 05:07.28 Kortrijk 14/05/2023				PB (25m pool): 04:56.12 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	05:07.28
	<i>no time</i>							

Coach feedback:

Event number: 18: 200M MEDLEY WOMEN 13+					Heat:1, starttime: 15:36	
Heat: 1/6 Lane : 7 Athlete: HOSTEN IRIS					Q-time: 03:20:55	
PB (50m pool): 03:20.55 Antwerpen 13/07/2025			PB (25m pool): 03:13.38 SB: no time			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:47.25	01:37.39	02:36.61	03:20.55		
	<i>00:47.25</i>	<i>00:50.14</i>	<i>00:59.22</i>	<i>00:43.94</i>		
		

Coach feedback:

Event number: 18: 200M MEDLEY WOMEN 13+					Heat:2, starttime: 15:41	
Heat: 2/6 Lane : 6 Athlete: DESCHOEMAEKER RANI					Q-time: 03:04:23	
PB (50m pool): 03:04.23 Antwerpen 13/07/2025			PB (25m pool): 02:55.79 SB: no time			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:44.82	01:31.02	02:22.17	03:04.23		
	<i>00:44.82</i>	<i>00:46.20</i>	<i>00:51.15</i>	<i>00:42.06</i>		
		

Coach feedback:

Event number: 18: 200M MEDLEY WOMEN 13+					Heat:4, starttime: 15:48	
Heat: 4/6 Lane : 3 Athlete: GOEMAERE ALIZÉE					Q-time: 02:45:94	
PB (50m pool): 02:54.81 Kortrijk 26/12/2024			PB (25m pool): 02:45.94 SB: no time			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:37.70	01:22.43	02:14.87	02:54.81		
	<i>00:37.70</i>	<i>00:44.73</i>	<i>00:52.44</i>	<i>00:39.94</i>		
		

Coach feedback:

PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: ZB

Event number: 18: 200M MEDLEY WOMEN 13+				Heat:4, starttime: 15:48	
Heat: 4/6 Lane : 6 Athlete: DEMAREST HAILEY				Q-time: 02:45:95	
PB (50m pool): 02:45.95 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 02:39.76 SB: 02:49.68 Kortrijk 26/12/2025					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.82	01:22.41	02:06.78	02:45.95	
	00:36.82	00:45.59	00:44.37	00:39.17	
	

Coach feedback:

Event number: 18: 200M MEDLEY WOMEN 13+				Heat:4, starttime: 15:48	
Heat: 4/6 Lane : 7 Athlete: CASTELEYN YANA				Q-time: 02:46:09	
PB (50m pool): 02:46.09 Antwerpen 20/07/2025 PB (25m pool): 02:44.79 SB: 02:50.98 Kortrijk 26/12/2025					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.61	01:21.59	02:09.26	02:46.09	
	00:36.61	00:44.98	00:47.67	00:36.83	
	

Coach feedback:

Event number: 18: 200M MEDLEY WOMEN 13+				Heat:5, starttime: 15:52	
Heat: 5/6 Lane : 5 Athlete: NOTREDAME INE				Q-time: 02:39:40	
PB (50m pool): 02:39.40 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 02:36.11 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.87	01:14.33	02:03.47	02:39.40	
	00:34.87	00:39.46	00:49.14	00:35.93	
	

Coach feedback:

Event number: 18: 200M MEDLEY WOMEN 13+				Heat:5, starttime: 15:52	
Heat: 5/6 Lane : 6 Athlete: BOUTTELEGIER ANAÏS				Q-time: 02:39:58	
PB (50m pool): 02:39.58 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 02:36.49 SB: 02:42.03 Kortrijk 26/12/2025					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.06	01:17.17	02:02.11	02:39.58	
	00:35.06	00:42.11	00:44.94	00:37.47	
	

Coach feedback:

PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: ZB

Event number: 19: 4x100M FREESTYLE MEN 11+							Heat:1, starttime: 16:19	
Heat: 1/2 Lane : 3 Athlete: TEAM ZB 2							Q-time: 05:06:14	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								

Coach feedback:

Event number: 19: 4x100M FREESTYLE MEN 11+							Heat:2, starttime: 16:24	
Heat: 2/2 Lane : 6 Athlete: TEAM ZB 6							Q-time: 03:50:88	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								

Coach feedback: